

BusinessProfile

Above and Beyond: A life enrichment service for seniors

Most of us will enjoy an afternoon in the park, a friendly game of cards or a stimulating conversation. Social interaction is important for everyone, especially those living with Alzheimer's or Dementia Above and Beyond Healthcare specializes in helping your loved one maintain as much independence as possible by providing recreational therapy, homemaking services and one-on-one companionship.

Owner and founder Jeannie Brooks, a certified RPN and recreational therapist, understands the special balance involved to provide the necessary care without feelings of resentment, helplessness or despair.

"We believe in letting your loved one maintain as much independence as possible, by providing the appropriate assistance and companionship. In that way, we lift the spirits, not only of the elderly but of family caregivers as well," Jeannie said.

Above and Beyond provides outstanding, friendly and compassionate care to meet the changing needs of your loved one. Homemaker services can range from light housekeeping to meal preparation and laundry service.

"We offer a broad range of home care helper and companion services based upon the individual's specific needs and match your special senior with the right caregiver," Jeannie said.

Above and Beyond's recreational therapists also provide supervised outings

and planned recreational activities suited to the unique interests of each client. For many, a trip to the coffee shop for friendly conversation can make all the difference in the world. Others will enjoy a day trip to the Royal Botanical Gardens or a relaxing walk through a local park.

"Our workers are specially trained to keep the client occupied and interested," Jeannie said.

Above and Beyond is a life-enrichment service for today's seniors. While many of Jeannie's clients are Alzheimer's patients, she also specializes in caregiver relief and helping people who suffer from depression and loneliness.

Above and Beyond knows that each and every client is unique. "We like to get a feel for our clients' interests and hobbies," said Jeannie.

Above and Beyond's experienced recreational therapists bond with clients and take the time to explore their interests. When you call Above and Beyond, the same therapist will visit your home or long-term care facility for each visit. A friendship is formed between therapist and client, to entertain and build upon old and new hobbies. Clients may not remember their therapist's name every time, but they recognize the face and they know they will be spending quality time together.

Along with conversation and companionship, Above and Beyond can help with medication reminders. Their



Harry Mercer, playing the mouth organ, with his caregiver Diane Niezen (left) and Above and Beyond Owner/Operator Jeannie Brooks (right)

recreational therapists can even drive and accompany your loved one for shopping trips, entertainment and medical appointments. Personal care services can also include bathroom assistance and grooming. Caring for an elderly family member is a labour of love, but sometimes families will require respite care. Above and Beyond can provide occasional assistance when a family caregiver is away on vacation or out-of-town on business. Sometimes family caregivers may be unable to drive loved ones to

appointments due to a scheduling conflict. Above and Beyond can offer a helping hand right when you need it, to restore balance to your hectic schedule.

Above and Beyond can provide companionship and a helping hand when your loved one returns home following a hospital stay. Periodic visits to a client's home also help put family's member's minds at ease. Contact Above and Beyond today at 905-385-7666 for a free, no obligation assessment of your loved one's needs.



**Call today
and put
your mind
at ease!**

905.385.7666